

Texas Voice Center
C. Richard Stasney, MD, FACS, Director
Apurva A. Thekdi, MD
6550 Fannin, Suite 2025
Houston, Texas 77030
(713) 796-2181

- Map
- anesthesia questionnaire
- call (on a working day) before surgery for:
 - time of surgery
 - make post-op appt
 - pain medication (get written prescription)

PRE-OPERATIVE INSTRUCTIONS

Patient Name: _____ Pre-Op date: _____ Time: _____ am/pm

Surgery Date: _____ Hospital: _____

Procedure: _____

INSURANCE:

We will file insurance for your pre-operative visit and the surgical procedure. Please give us the correct information so we can verify your coverage and pre-certify the procedure prior to the surgery date. We will need 1) the name of the responsible person, 2) the insured's SS #, 3) your insurance company's address and phone number, and 4) group or policy number. Insurance requires us to inform you that it is possible that an out-of-network provider may render treatment during the procedure. If you have any questions, call James Carazola at 713-275-0916. We file insurance as a courtesy to our patients; however, it is your responsibility to contact your insurance company regarding available benefits and any possible exclusion.

METHODIST: ANESTHESIA GREATER HOUSTON: 713-620-4000 (this is the anesthesia group Methodist uses)

HOSPITAL PREREGISTRATION: METHODIST: Preregister by contacting Registration and Patient Access at 713-394-6805 or online at methodisthealth.com (Click Registration/Apps, then Hospital Registration, then The Methodist Hospital). Please call them one week prior to surgery if they have not contacted you. KIRBY SURGICAL CENTER: 832-201-5157

PRE-OPERATIVE INFORMATION:

If a sore throat, fever or any infection or illness develops prior to your surgery date, please notify Dr. Stasney/Dr. Thekdi's office (713) 796-2181.

DO NOT TAKE ASPIRIN, or other products containing aspirin, Ibuprofen (such as *Advil*®, *Motrin*®), Naproxen (such as *Aleve*® or *Nuprin*®), blood thinners (such as *Coumadin*® (*warfarin*), *Plavix*® (*clopidogrel*), *Effient*® (*prasugrel*), *Pradaxa*® (*dabigatran*), *Xarelto*® (*rivaroxaban*), *Eliquis*® (*apixaban*)), concentrated Vitamin E, or the Parkinson's Disease medication *Azilect*® (*rasagiline*) for two weeks prior to surgery. See attached list of pharmaceutical products to avoid. *Tylenol* or *Tempra* may be used when necessary for fever or pain.

PLEASE HAVE YOUR FAMILY DOCTOR/INTERNIST SEND US THE FOLLOWING MEDICAL HISTORY, BLOOD ANALYSIS, & PHYSICAL EXAMINATION CLEARING YOU FOR SURGERY:

1. History and Physical – not to exceed 2 weeks from the date of surgery
2. Laboratory Results – not to exceed 2 weeks from the date of surgery:
 - a. CBC, platelet count, PT, PTT, UA
 - b. Metabolic panel (Na, K, Cl, CO2, GLU, BUN, Cr, AST, ALT)
3. Cardiopulmonary Tests – for patients over 40: not to exceed 3 months prior to surgery
 - a. EKG
 - b. Chest X-Ray

* If you have a history of cardiac problems, your clearance must come from your CARDIOLOGIST

All history & physical and laboratory results must be in our facility 3-4 days prior to surgery; you may send the information via Fax to (713) 796-2349 (attention: Margarita). Please call to check on the status of surgery clearance

POST SURGERY APPOINTMENT: Make an appointment to see Dr. Stasney or Dr. Thekdi one week after surgery.

Please contact Margarita (713) 796-2181 ext 125 or through the Patient Portal (NextMD.com) if you have any questions or concerns. If you need help enrolling in or accessing the portal please call our office and someone will help you.

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HISTORY AND PHYSICAL SHORT STAY FORM
For admissions of 48 hours or less

Name: _____ Date: _____

HISTORY

CHIEF COMPLAINTS: _____

PRESENT ILLNESS: _____

PAST HISTORY: _____

FAMILY HISTORY: _____

ALLERGIES: _____

CURRENT MEDICATIONS: _____

PHYSICAL EXAMINATION

HEIGHT _____ WEIGHT _____ BLOOD PRESSURE _____ / _____ PULSE _____

GENERAL: _____

EENT: _____

NECK: _____

LUNGS: _____

THORAX: _____

HEART: _____

ABDOMEN: _____

BACK & EXTREMITIES _____

IMPRESSION: _____

CLEARED FOR SURGERY? YES ___ NO ___ _____, MD

Physician's Signature

**The following products can increase the risks of bleeding.
Prior to surgery please avoid the use of these products, as directed by your physician.**

PRESCRIPTION PAIN RELIEVERS TO BE AVOIDED

Anaprox	Darvon-N.A.S.	Lortab ASA Tabs	Roxiprin Tabs
APC	Disalcid	Magan	Salflex
Artha-G	Dolobid	Meprobamate & Aspirin	Salgesic
Asproject	Doloprin #3	Meprogesic Q Tabs	Salsitab
Axotal	Easprin	Micrainin	Sodium Thiosalicylate
Azdone	Empirin with Codeine	Mobidin	Soma Cmpd - Codeine
D-A-C	Epromate Tabs	Monacet with Codeine	Ster-Darvon with ASA
Butabital Compound	Equagesic	Mono-Gesic	Synalgos-DC
Clinoril	Equazine-M	Naprosy	Talwin Compound
Damason-P	Feldene	Norgesic	Tolectin
Darvon Compound	Fiorgen PF	Panalgesic	Trilisate Liquid
Pulvules	Fiorinal	Percodan-Tabs	Trilisate Tabs
Darvon-N Compound 65	Fiorinal with Codeine	Percogesic	Tusal
Pulvules	Indocin	Persistin	Zorprin
Darvon with A.S.A.	Isollyl Improved	Rexolate	
Pulvules	Lanorinal	Robaxisal	

COLD AND ALLERGY MEDICINES TO BE AVOIDED

Alka-Seltzer Plus Cold Tabs	Florgesoc Tabs	Sine-Off Sinus Medicine Tabs
Coricidin	Rhinocaps caps	Triaminicin
Dristan	Sine-Aide	Urinus In-Lay Tabs

OVER THE COUNTER PAIN RELIEVERS TO BE AVOIDED

Advil	Cama Arthritis Pain Rel.	Goody's Headache Pwdr	Salatin Caps
A.S.A. Enseals	Children's Aspirin	Ibuprofen	Saleto
A.S.A. Pulvules	Dasin Caps	Magnaprin	Salocol
Anacin	Doan's Caps	Measurin	Sodium Salicylate
Anodynos Tabs	Duentric	Midol Caps	Supac
Arthritic Str. BC Powder	Duradyne Tabs	Momentum Caps	Synalgos Caps
Ascriptin	Ecotrin	Motrin	Synalgos D.C.
Aspergum	Ecotrin Max. Strength	Norwich Extra Strength	Tenol-Plus Tabs
Aspirin Caps	Emprazil	Nuprin	Trigesic
Bayer Children's	Empirin	Pabalate	Tri-Pain
Chewable Aspirin	Excedrin Caps & Tabs	Pabirin Buffered Tabs	Valesin Tabs
Bayer Children's Aspirin	Gelpirin	P-A-C Tabs	Uracel 5
BC Powder	Gemnisyn	Pain Reliever Tabs	Verin
BC Tabs	Gensan	Salagen	
Buffa-Comp	Genuine Bayer Aspirin		

PAIN RELIEVERS/ANTACIDS TO BE AVOIDED

Alka-Seltzer	Buffaprin	Cope Tabs
Alka-Seltzer & Antacid	Bufferin	Pepto Bismol
Alka-Seltzer Extra	Bufferin Extra Strength	Presalin
Strength & Antacid	Buffets II Tabs	Vanquish Caps
Ascriptin	Buffex	Wesprin Buffered
Ascriptin A/D	Buffinol	Zomax

HERBAL MEDICATIONS TO AVOID

Echinacea
Ginko
St. John's Wart
Vitamin E
Fish Oil

TOPICAL MEDICATIONS TO BE AVOIDED

Absorbent Rub	Ben Gay Str. Balm	Heet	Rumarub
Absorbine Arthritic	Ben Gay Gel	Heet Liniment	Sloan's
Absorbine Jr.	Ben Gay Greasless Oint.	Heet Spray	Soltice HI-Therm
Act-On-Rub	Ben Gay Original	Icy Hot Balm & Rub	Soltice Quick Rub
Analbalm	Braska	Infra-Rub	Sport Crème
Analgesic Balm	Counterpain Rub	Mentholatum Deep Htg.	SPD
Antiphlogistine	Dencorub	Minit-Rub	Stimurub
Arthralgen	Doan's Rub	Musterole Rubs (all)	Surin
Aspercreme	Duragesic	Neurabalm	Yager's Liniment
Aspirin Suppositories	Emul-O-Balm	Oil-O-Sol	Vitamin E (& oral)
Banalg	End-Ake	Omega Oil	Zemo
Ben Gay	Exocaine Plus	Panalgesic	Zemo Liq. Ext. Str.
	Exocaine Tube	Rid-A-Pain	Zemo Ointment

COUMADIN AND PLAVIX ARE TO BE AVOIDED AS ARE DIET MEDICATIONS

New drugs appear on the market every day. If you do not see the name of the pain, cold/allergy or herbal medicine you are considering taking, please call Texas Voice Center to ask for guidance: 713 796-2001.

Do not take any type of prescription or over the counter diet pill for a minimum of 2 weeks prior to surgery. These medications can cause life-threatening interactions with drugs used for anesthesia.